

COACHING TERMS AND AGREEMENT

These coaching terms and agreements outline the coaching relationship's terms and conditions. It includes information about the scope of the coaching, the duration of the coaching relationship, the responsibilities of the coach and the client, and any fees or payment terms. It is essential to have a written coaching agreement in place to ensure that both the coach and the client have a clear understanding of their roles and expectations.

This Coaching Terms and Agreement ("Agreement") is made and entered into on [date] by and between [Client's name] ("Client") and [Coach's name] ("Coach").

1. **Scope of Coaching:** The coaching relationship established by this Agreement is designed to support the Client in achieving the specific goals identified by the Client and agreed upon by the Coach (the "Coaching Objectives"). The Coach will provide the Client with support, guidance, and accountability as the Client works toward the Coaching Objectives. The Coach will not provide therapy or other mental health services.
2. **Duration of Coaching Relationship:** The coaching relationship established by this Agreement will begin on [start date] and will continue for a period of [number] months unless terminated earlier by either party upon [notice period] of written notice.
3. **Responsibilities of the Coach:** The Coach will:
 - Meet with the Client for coaching sessions as scheduled.
 - Use reasonable care and skill in providing coaching services.
 - Maintain confidentiality by applicable laws and the ethical guidelines of the Coach's profession.
 - Provide the Client with support, guidance, and accountability as the Client works toward the Coaching Objectives.
4. **Responsibilities of the Client:** The Client will:
 - Attend all scheduled coaching sessions and be punctual.
 - Complete any assignments or activities agreed upon with the Coach promptly.
 - Communicate openly and honestly with the Coach.
 - Take full responsibility for their actions and decisions.
5. **Fees and Payment:** The Client will pay the Coach a price of [amount] per [unit of time] for coaching services. Payment is due at the time of service and may be made by [methods of payment accepted].

6. Termination: Either party may terminate this Agreement upon [notice period] of written notice. Upon termination, the Client will pay the Coach for any coaching services rendered up to the termination date.
7. Confidentiality: The Coach will maintain the confidentiality of the Client's information by applicable laws and the ethical guidelines of the Coach's profession, except for any illegal or harmful activities.
8. Governing Law: This Agreement will be governed by the laws of the State of Florida.
9. Entire Agreement: This Agreement constitutes the agreement between the Coach and the Client and supersedes all prior agreements or understandings, whether written or oral.

By signing below, the Coach and the Client acknowledge that they have read and understand this Agreement and agree to be bound by its terms.

Coach: _____ Date: _____

Client: _____ Date: _____